

16/19U Rule Differences Cheat Sheet

- 16/19U teams will play at the Patty O'Malley Fields in San Jose, CA.
- Divisions 16U and 19U will play 11-v-11 with a maximum roster size of 18 players per team.
- Monitored substitutions for 16U/19U
- Center Referees for 16U/19U games must be at least Advanced referees but preferred National or National Candidates
- 16U/19U: 30 minute half
- For 16U/19U:
 - *Substitutions by either team may occur at any stoppage of play.*
 - *Substitution is at the referee's discretion.*
 - *Substitutes must be at the halfway line and ready to enter.*
 - Time monitoring will be done to confirm 50% of playing time.